# **NOVEMBER 2022 NEWSLETTER**

The Cass County Interagency Group is made up of Cass County agencies, businesses, and individuals who have made it their goal to improve the lives of Cass County residents by increasing access to valuable resources and creating new opportunities for the public through collaboration.

## **Upcoming Events**

#### **Walking for Wellness**

October 3, 2022—March 31, 2023

7:00am- I:00pm at JHS Bowl

Walking for wellness is back at the JHS Bowl! Join the fun each day that school is in session.

#### Women's Night Out

**December 13, 2022** 

6:00pm-8:00pm at Cass County Health Department

Join CCHD in Virginia for food and discussion about the importance of health screenings, stress management, how to beat the winter blues and more! This is FREE and open to women of all ages! You can RSVP at 217-452-3057 by December 6th.

### **Community Closet Open House**

**December 17, 2022** 

9:00am-12:00pm at First Presbyterian Church

The Cass County Health Department is hosting a Community Closet open house at the First Presbyterian Church. This event is FREE and open to anyone. There is clothing for all ages and miscellaneous household items.

#### **Announcements**

- Cass County Health Department has at home COVID-19 tests and masks for anyone that needs them.
- Families may be eligible for Child Care Assistance visit www.wcccc.com or call 217-222-2550
- Midwest Youth Services is searching for overnight housing monitors.
- Advocacy Network for Children is looking for volunteer advocates.
- Marketplace Insurance Open Enrollment begins November 1st, 2022 and ends January 15, 2023
- Birth to Five Illinois is in search of Cass County Families to participate in their programs.

Next meeting: January 18, 2023 at Cass County Health Department in Virginia

This is the official newsletter of the Cass County Interagency Coalition. Use this newsletter to stay updated on community events and opportunities to get involved. Do you have an event or idea you would like to include in the next issue? Email Bryanna Cloninger (bcloninger@casscohealth.org) with a brief summary. All members of the coalition will receive this newsletter as it is released.

If after reading this you realize there is something you want to recommend for the community to work on lets start a discussion about it. There is always a possibility of partners to make that event happen! Thank you all for your continued dedication!